





Where does It all Begin?
这一切从何开始?

Plato, in his wisdom...
柏拉图 *"Know thyself"* **认识你自己**



Socrates, with his profound thoughts
**混混噩噩的生命
是不值得活的**
*"The unexamined life
is not worth living"* **苏格拉底**



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DAY ONE: STATION 3: Personal Effectiveness

A. Self Discovery and Group Sharing

- A1. What sort of things I'm able to do naturally well?
- A2. What sort of things I often have difficulty of doing well?
- A3. Complete the following activity on MI test.

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Multiple Intelligence

Intelligence type	your totals					
Linguistic						
Logical-Mathematical						
Musical						
Bodily-Kinesthetic						
Spatial-Visual						
Interpersonal						
Intrapersonal						

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Personal Effectiveness Analysis
个人效力分析

Enter your score for each PEA question on the grid below.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
A	B	C	D	E	F	G	H	I	J

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Areas	Score	PEA	Rank
A		High Personal Power 高个人效力	
B		Focused Energy 集中精力	
C		Endurance 耐力	
D		Learning Orientation 学习方向	
E		High Empathy 高移情理解力	
F		Realistic Visioning 实际远景规划	
G		Social Competence 社交能力	
H		Situational Responsiveness 情境反应	
I		Analytical Skills 分析技能	
J		Competitive Motivation 竞争动机	

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B. Teaching & Learning from Biblical Truth

- So Bezalel, Oholiab and every skilled person to whom the LORD has given skill and ability to know how to carry out all the work of constructing the sanctuary are to do the work just as the LORD has commanded.
- Then Moses summoned Bezalel and Oholiab and every skilled person to whom the LORD had given ability and who was willing to come and do the work.

B1. Reference: Exodus 36: 1-2

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B2. Acts 7:22

摩西学了埃及人一切的
学问, 说话行事, 都有才能。

Moses was educated in all the wisdom of the Egyptians
and was powerful in speech and action.

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B3. Luke 2:52

- 耶稣的智慧和身量, 并神和人喜爱他的心,
都一齐增长。

And Jesus grew in wisdom and stature,
and in favor with God and men.

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C1. What promises of God with regards to
James 1:5-6? What should be our constant
prayers?

- If any of you lacks wisdom, he should ask God,
who gives generously to all without finding
fault, and it will be given to him.
- But when he asks, he must believe and not
doubt, because he who doubts is like a wave of
the sea, blown and tossed by the wind.

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Ephesian 1:15-19

- For this reason, ever since I heard about your faith in the Lord Jesus and your love for all the saints, ¹⁶I have not stopped giving thanks for you, remembering you in my prayers.
- ¹⁷I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better.
- ¹⁸I pray also that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in the saints,
- ¹⁹and his incomparably great power for us who believe. That power is like the working of his mighty strength,

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Levels of Competency

- Unconscious - Incompetent
无意识 无才能
- Conscious - Incompetent
有意识 无才能
- Conscious - Competent
有意识 有才能
- Unconscious - Competent
无意识 有才能

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Dimensions of Success

Academic 学业	Spiritual 灵命	Personal 个人
Career 事业	Relationship 关系	National 全国性
Financial 财政	Health 健康	Global 全球性

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Practice Goal Setting activity

Goals Setting Tool

Area	Goal	Date set	Date to achieve	Budget/time to set aside	Sacrifices/ Discipline needed	Review/Status

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How do you measure success?

- Measure by Achievement or by Potential?
- *Success is living up to your full potential. That's all. Wake up with a smile and go after life... Live it, enjoy it, taste it, smell it, feel it.*
- Success is measured not in how much you have gained but how much you have given?

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D. Reflection and Prayer

- D1. What abilities and skills God has given you? How would you want to use them?
- D2. What important principles and truths have you learned in this session?
- D3. After understanding these principles and truths, what important changes you want to make?
- D4. Spend a moment of quietness with the Lord, pray and commit to Him about the changes you want to make. Write down any inspiration, personal reflection or words from the Lord.

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